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## February Curriculum for Family.First.Daycare

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### Week 1: Winter Wonderland (Feb 1–Feb 9)

Focus: Understanding winter, weather patterns, and animal adaptations.

- **Morning Circle & Art:**
    - Story: *The Snowy Day* by Ezra Jack Keats
    - Art: Create snowflakes using coffee filters and child-safe scissors.
  - **Language & Math Activities:**
    - Language: Introduce winter-related vocabulary (snow, ice, hibernate).
    - Math: Counting snowflakes and making patterns with winter-themed objects.
  - **Science & Health Exploration:**
    - Experiment: Make "snow" using baking soda and water. Discuss states of matter (solid, liquid).
  - **Afternoon Learning Stations:**
    - Activity: Winter animal matching game (match animals to their winter habitats).
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### Week 2: Healthy Hearts (Feb 12–Feb 16)

Focus: Valentine's Day and heart health.

- **Morning Circle & Art:**
    - Story: *Love Is* by Diane Adams
    - Art: Create Valentine's cards with natural dyes or non-toxic crayons.
  - **Language & Math Activities:**
    - Language: Practice writing simple Valentine phrases like "I love you" or "Thank you."
    - Math: Shape matching with heart, circle, and square cutouts.
  - **Science & Health Exploration:**
    - Activity: Explore how the heart pumps blood using a balloon pump and red-colored water.
  - **Afternoon Learning Stations:**
    - Activity: Build a "healthy plate" using toy food and learn about fruits and vegetables.
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### Week 3: Exploring the Sky (Feb 19–Feb 23)

Focus: Sun, moon, stars, and planets.

- **Morning Circle & Art:**
    - Story: *Papa, Please Get the Moon for Me* by Eric Carle
    - Art: Paint the night sky with glow-in-the-dark stars.
  - **Language & Math Activities:**
    - Language: Learn planet names through a fun song.
    - Math: Count stars and group them by size or color.
  - **Science & Health Exploration:**
    - Experiment: Create a mini-planetarium using a flashlight and a cardboard box.
  - **Afternoon Learning Stations:**
    - Activity: Match planets to their positions in the solar system using flashcards.
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### Week 4: Kindness Counts (Feb 26–Feb 29)

Focus: Building social skills and fostering empathy.

- **Morning Circle & Art:**
    - Story: *Have You Filled a Bucket Today?* by Carol McCloud
    - Art: Decorate “kindness jars” to fill with good deeds throughout the week.
  - **Language & Math Activities:**
    - Language: Role-play scenarios that teach polite words like “please” and “thank you.”
    - Math: Counting acts of kindness (e.g., how many toys were shared today).
  - **Science & Health Exploration:**
    - Activity: Discuss how smiling and laughter impact our brains (happy face experiment with mirrors).
  - **Afternoon Learning Stations:**
    - Activity: Build a “friendship tree” with each child contributing a kindness leaf.
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### Special Activities for February

1. **February 14: Valentine’s Day Party**
  - Special activities: Decorate cookies, share Valentine cards, and have a dance party.
2. **February 29 (Leap Year Day): “Time to Leap!”**
  - Outdoor activity: Leap like frogs and learn about how leap years work in simple terms.

This curriculum combines education, creativity, and health-focused practices to align with your organic, holistic daycare approach.